

# City of New Rochelle ranked nationally as a Best Walking City

## Takes #2 spot in New York State, 31st nationwide

New Rochelle, NY—The Queen City of the Sound ranks #2 in New York State and 31st in the nation as one of the Best Walking Cities in America, according to a just-released study by Prevention magazine and the American Podiatric Medical Association (APMA).

According to the study, New Rochelle had a high number of people who walk to work and the highest percentage of people who walk for exercise in the state. Additionally, the City was noted as having the lowest crime rate among the ten most populated New York State cities reviewed.

“We have made a strong commitment to improving the quality of life in New Rochelle by enhancing recreational assets, improving our environment, and adopting smart growth development strategies,” said New Rochelle Mayor Noam Bramson. “This recognition as one of the best walking cities in America is a wonderful validation of our strategy and good news for all our residents.”

Prevention and the APMA annually team up to measure the walkability of America’s cities as interest in walking for fitness remains strong. New in this year’s survey, more than 500 U.S. cities, including D.C., were evaluated and ranked on 14 walking criteria ranging from the percentage of walking commuters (adults who walk to work), green space (number of parks per square mile), and safe streets, to use of mass transit, number of cars per household and percentage of adults who walk for fitness.

Professionals from six organizations devoted to making communities more walkable rated cities that they are familiar with based on a 4 to 1 scale, with 4 being the most walkable.

The complete list may be found at [www.prevention.com/bestcities](http://www.prevention.com/bestcities) or [www.apma.org/walking](http://www.apma.org/walking) and in the April issue of Prevention magazine.